# **SCIENCE NEWS**

# N NUMBERS



# **Bill banning** abortion

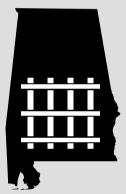
Alahama lawmakers have passed a bill to outlaw abortion in almost all cases – the strictest such law in the US.

# votes to

The state Senate approved the law by 25 votes to 6, rejecting exemptions for cases of rape or incest.

Restrictions on abortion rights have already been introduced this year in 16 US states. Under the Alabama measure, provision of abortion at any

stage in pregnancy would be a Class A felony. Doctors could face 10 years in prison for attempting to terminate a pregnancy and 99 years for carrying out the procedure.



### 11 dementia recommendations

**Dementia affects around 50** million people around the world and is becoming more common.

The World Health Organization has launched its 1st ever guidelines on how people can help avoid getting dementia.

## They recommend:

- 1 Exercise
- Stop smoking
- Eat well
- Don't bother with vitamin pills
- Avoid heavy alcohol use
- Brain training
- 🕖 Be social
- 8 Keep a healthy weight
- Beware high blood pressure
- Get treated if you have diabetes
- Beware high cholesterol.



# An ageing population

An analysis carried out for Age UK indicates about 30% of areas now have no residential care beds.

While nursing homes, which are needed for the most frail, are in an even worse situation, with more than 60% having no places. Age UK says the situation is now so bad that about 1.4 million older people are not getting the care they need.

A hundred people undergoing treatment at a UK hospital are to get their DNA analysed in a pioneering trial.

University College Hospital in London plans to invite around 100 people attending its blood pressure clinic to undergo genetic analysis. The trial aims to test how useful such analysis might be in a busy, hospital environment. Around 85,000 people with rare disorders in the UK have already had their genomes sequenced

as part of the 100,000 Genomes Project.

